### The Demography of Rural America

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### Global urbanization trends



United Nations, Department of Economic and Social Affairs, Population Division (2019). World Population Prospects: The 2019 Revision

### The rural narrative

- Until the 1970s, rural places were population reserves, with persistent outmigration and predictable, high fertility
- The nonmetropolitan turnaround
  - Changes in residential preferences
  - Rural economic diversification
- Demographic fluctuation and diverging pathways since the 1980s
  - Economic prosperity and demographic trends no longer go hand in hand (agricultural dependence)
  - Natural amenities have become more important
  - Proximity to urban is crucial
  - Many narratives

### The rural narrative

- Rural as a social construct (mostly from an urban perspective)
  - From production to consumption
  - The rural mystique
  - Rural is not a place anymore, but a lifestyle (for better of for worse)







### US population, 1900-2010 (1000s)



United States Bureau of Census

### US population distribution, 1900-2010, %

metro core —nonmetro

----suburb



### Urban reclassification

- Nonmetropolitan population was 46 million in 2016, an alltime low
- A lot of this erosion is due to reclassification
- A net loss of 4.9 million people in 2013



### Population change, 2000-2010



Source: U.S. Census Bureau, 2010 Census and Census 2000.

# Percent population change in rural America



### Total fertility rates, 1950-2015



1950-55 1955-60 1960-65 1965-70 1970-75 1975-80 1980-85 1985-90 1990-95 1995-00 2000-05 2005-10 2010-15

United Nations, Department of Economic and Social Affairs, Population Division (2019). World Population Prospects: The 2019 Revision

### Fertility decline, 2007-2017



### Mortality

 The national mortality stagnation and persistent rural mortality / morbidity disadvantage are exacerbated by the recent "deaths of despair"





#### Cowley County, KS



Winkler, Richelle, Ken Johnson, Cheng Cheng, Jim Beaudoin, Paul Voss, and Katherine Curtis. Age-Specific Net Migration Estimates for US Counties, 1950-2010. Applied Population Laboratory, University of Wisconsin- Madison, 2013. Web.



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### Net migration rates by age Finney County, KS

#### The Christmas fire, 2000



Winkler, Richelle, Ken Johnson, Cheng Cheng, Jim Beaudoin, Paul Voss, and Katherine Curtis. Age-Specific Net Migration Estimates for US Counties, 1950-2010. Applied Population Laboratory, University of Wisconsin- Madison, 2013. Web.

### Population change, 1900-2010



## Median age and projected age structure in Smith County, KS





### The vicious cycle



### More on the Great Recession



#### 2001-08 2010-17



Notes: Data are seasonally adjusted. Shaded area indicates recession period. Source: USDA, Economic Research Service using data from Bureau of Labor Statistics, Local Area Unemployment Statistics (LAUS).

### Conclusions I.

- Demographic trends will not change overnight
  - Demography is almost destiny, but not quite
- Rural fertility
  - Family formation norms will continue to follow the national trends
  - Aging in place will continue to remove reproductive capacity
  - Hispanic fertility will remain the key
- Mortality
  - Long-term, structural disadvantages are unlikely to change
  - New problems (opioids) disproportionately affect rural areas and populations
- Migration
  - Age-selective outmigration removes the most resourceful segment
  - Specific local conditions can create favorable environments for inmigration (natural amenities, proximity to metro, regional centers)

### Conclusions II.

- Rural America has been facing more difficulties for several reasons
  - Greater concentration of vulnerable populations (morbidity challenges, aging in place)
  - Less diversified economies
  - Weaker institutions
  - Persistent revenue and service deficiencies
- Most of rural America will see more of the same, as the disadvantages are structural and (just like demography) change slowly over time
- Potential policy actions (Johnson and Lichter, 2019)
  - Economic growth centers (either regional urban or well-performing rural)
  - Boosting immigration and then integration
- No matter what, always keep the narrative in sight, as in our posttruth world, the ultimate political decisions are often based on emotions and partisan agendas instead of facts and science



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